03 May 2023

I believe our brains can beat uncertainty.

Adam Ferrier Founder & Consumer Psychologist, Thinkerbell (Melbourne)



DEALING WITH UNCERTAINTY

→ Please clap for me now.









→ The weird rich guy



Money and people



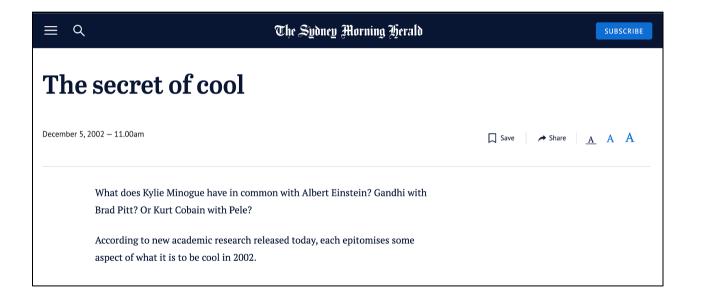
→ Consumer psychology







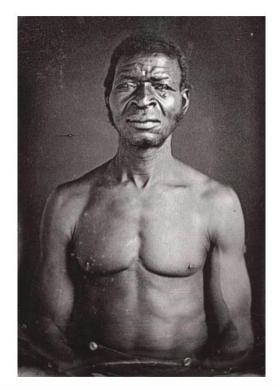
Identifying the underlying constructs of cool people



Money and people



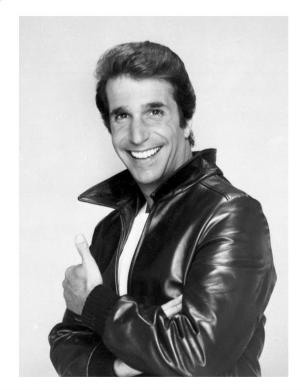
→ Some things you don't know about cool



Money and people



→ Some things you don't know about cool



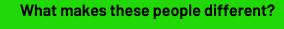
Money and people



→ Write down the 3 coolest and 3 uncoolest people you know

3 Cool People

3 Uncool People





→ 5 Factors of cool

3 Cool People

- 1. Self-Belief and Confidence
 - 2. Defying Convention
- 3. Understated Achievement
 - 4. Caring for Others
 - 5. Connectivity

3 Uncool People

What makes these people different?



→ 5 Factors of cool

3 Cool People

- 1. Self-Belief and Confidence
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- 4. Caring for Others
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3 Uncool People

What makes these people different?



→ Swim Like A Duck



What makes these people different?



→ Then I got into marketing



Founder of Thinkerbell







The better we are at changing behaviours of others the more \$ and more \$

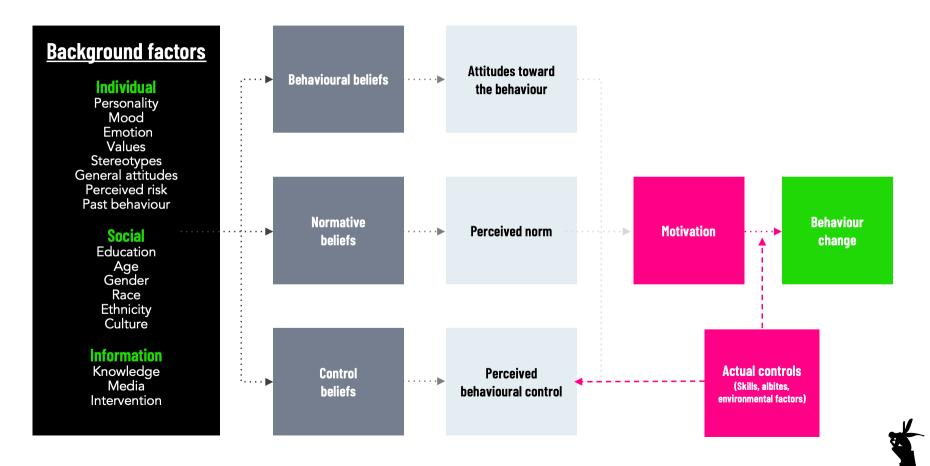


→ Who here has ever been convicted of a serious crime?

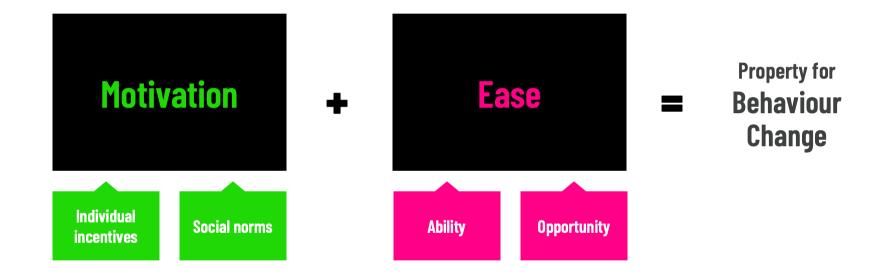




The reasoned action model

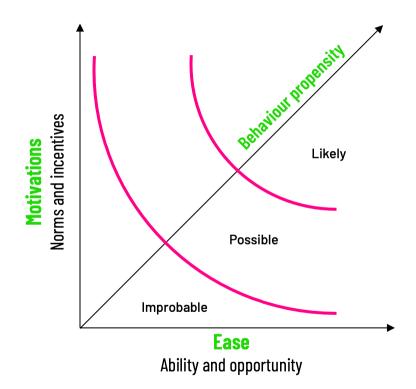


→ Simplifying it



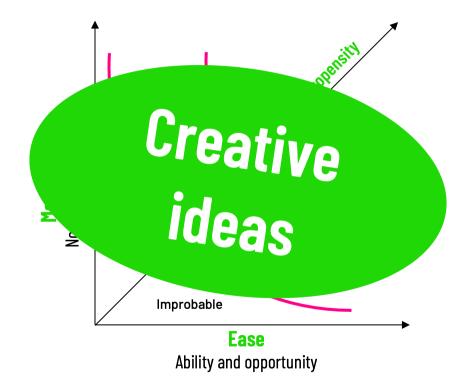


→ Simplifying it even more it!





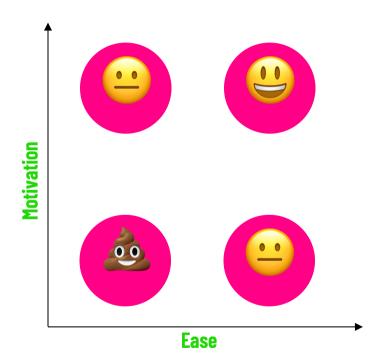
→ And add creativity





→ The behaviour change grid

- I want kids to eat their vegetables
- I want people to listen to my radio station
- I want him to overcome his fear of flying
- I want my boss to give me clear instruction
- I want this person to start eating healthily
- I want her to take her medication on time
- I want people to buy my breakfast cereal

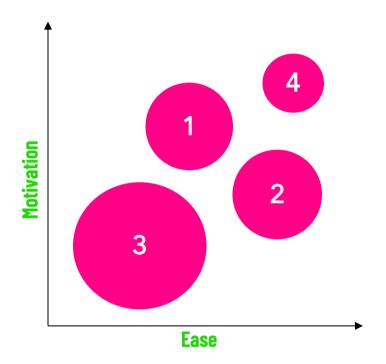




→ The **goal**

Get 100,000 drivers a year to stop using mobile phones when driving

- Possible behaviours to change
- 2. Make drivers think of their children when they are driving
- Make the driver stop using their phone on the toll roads
- 4. Get the driver to ignore the phone when it rings
- 5. Get the passengers in the car to stop the driver from reaching for their phone

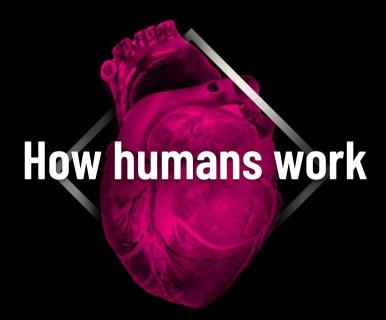




→ The **result**









→ Imagine we are driving a car









How we think controls how we feel, which in turn controls how we act



→ Thoughts, feelings and actions, interrelate











How we think controls how we feel, which in turn controls how we act



→ How we think controls how we feel











How we think controls how we feel, which in turn controls how we act



→ In any circumstance we can think how we feel

"Those in the concentration camps who gave away their last pieces of bread proved that you can take away everything from a man except for his ability to chose his own attitude in any given circumstance"

- Victor Frankle



How we think controls how we feel, which inturn controls how we act



How humans behave when we're uncertain



→ This uses a lot of energy





→ WE HAVE two systems of THINKING:

System 1 - Auto Pilot

- 11 billion bits of information per second
- Fast and instinctive
- Automatic
- Associative
- Emotional



System 2 - Pilot

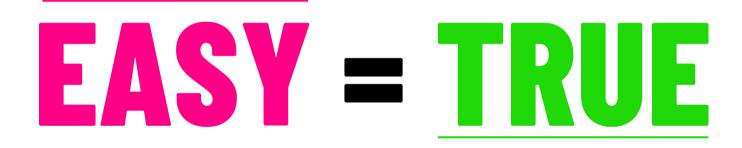
- 40 bits of information per second
- Slow and takes effort
- Effortful and conscious
- Logical
- Rational





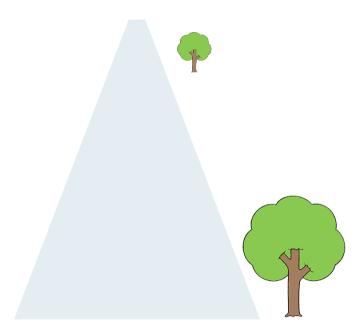


→ We look for cognitive fluency





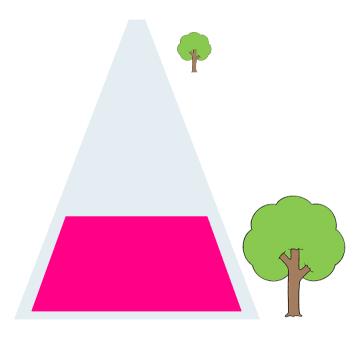
→ When uncertain we look for certainty



We think more shorter term to reduce cognitive load



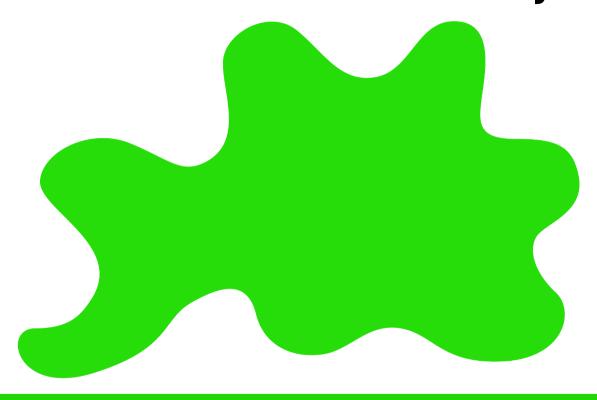
→ When uncertain we look for certainty



Our thinking becomes more 'here and now'



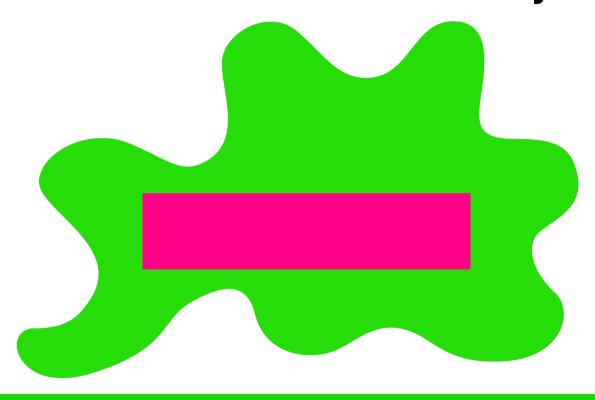
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Our thinking becomes more 'here and now'



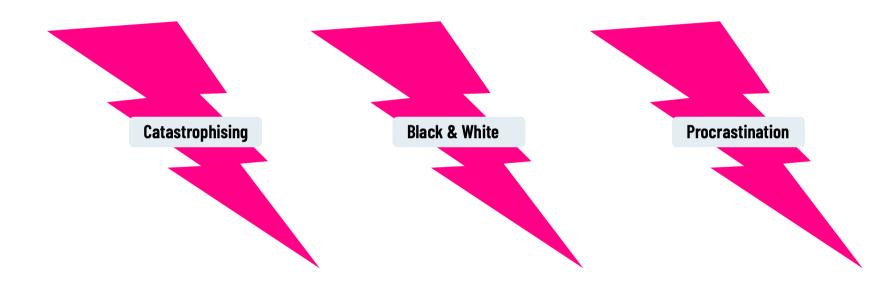
→ When uncertain we look for certainty



We become black and white and rigid



→ Our thinking gets a little warped

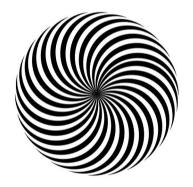


Warped thinking patterns in order to try and control what can't be controlled.



→ Remember

Focusing illusion



Uncertainty leads to worry



→ We need to remember

Nothing in life is as important as you think it is, especially while you are thinking about it.

- Daniel Kahnerman



Warped thinking patterns in order to try and control what can't be controlled.







→ 3 Ways to Deal with Uncertainty

Act

Think Big

Symbols



→ 3 Ways to Deal with Uncertainty

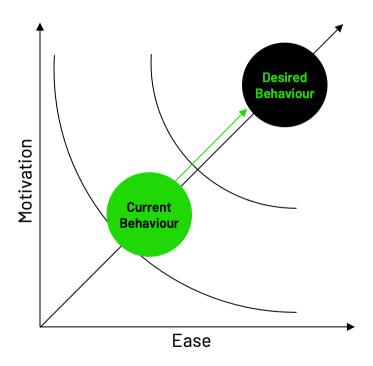
Act

Think Big

Symbols



→ Don't think, act



Action changes attitude faster than attitude changes action



→ Don't think do



How we think controls how we feel, which in turn controls how we act



→ Embodied Cognitions







Actions change feelings



→ Embodied Cognitions



I.e. Act First... the rest will look after itself.



→ Don't think do



How to get people to like you



→ Get people to help you (and invest in you)









→ Menulog





→ It didnt go down well





→ Menulog





→ Menulog





sean c brown @seancbrown · 26 Jun

Well done @Menulog first time I've laughed at an ad series that doesn't have @VancityReynolds in it! #touche #StateofOrigin



 $\uparrow \downarrow$



Stephen Maxwell @madmaxi1104 · 26 Jun

@Menulog wins #orign2 - these ads are brilliant. Big Dell having a snooze



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Tim Dunlop @tim_dunlop · 26 Jun The new @Menulog ads are pure ART.



Dr Jenna Price 🤣 @JennaPrice · 26 Jun

Fabulous ad @Menulog. @RealBigDell #kingofthewing 💋









Well played @RealBigDell, well played @Menulog.



(\)



2



→ Results





→ 3 Ways to Deal with Uncertainty

Act

Think Big

Symbols





→ Go big













Set goals

Make a plan

Set up a behavioural system to make it work









→ 3 Ways to Deal with Uncertainty

Act

Think Big

Symbols

Act your way out of

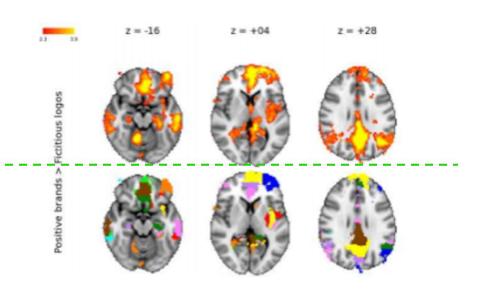


→ Brains like brands

MRI Shows Brains Respond Better To Name Brands

"Strong brands activate a network of cortical areas and areas involved in positive emotional processing and associated with self-identification and rewards. Strong brands were processed with less effort on the part of the brain. Weak brands showed higher levels of activation in areas of working memory and negative emotional response"

The Radiological Society of America 2019



Brands that are easy to think of and associate, position themselves positively in the mind of the consumer.

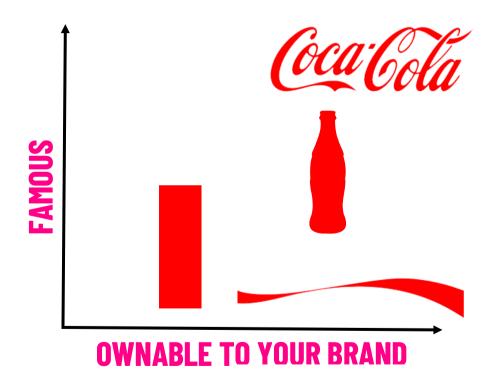


→ Symbols help us process information easily



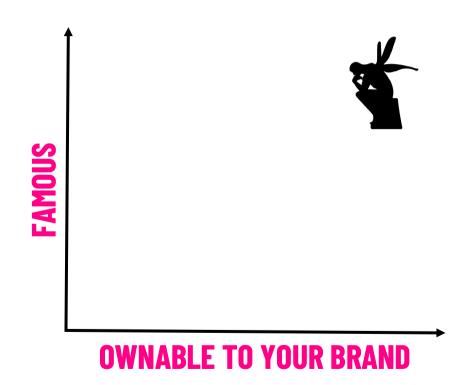


→ Create symbols to deal with uncertainty





→ Which agency to choose?









Revie



The purpose of this 360 a your performance and cal next 12 months. We'll look months and then set new adventure at Thinkerbell

You'll have a detailed con Tinker/Tinker and Emma constructive and honest Thinkers and Tinkers, and

Please fill in the boxes be This will form the basis of 360 review.



YOUR ROLE: Thinker/Tinker?

TODAY'S DATE: 00/00/00

REVIEW PERIOD: 00/00/0000

WHO'S IN THE ROOM? Can be completed during



Welcome from **Thinkerbell**

Please find attached our Supplier Information Form and information on our BillingSystem. If you could please fill in your details and return the form to accounts@thinkerbell.com, we can get you set up in our system.

We use a company called EFTsure who will contact you to verify your Bank Details. If you could reply to them it will assist in getting you onboarded as soon as possible.

There is also some important information about our Billing System, if you could please take the time to read this it will ensure that your invoices are processed quickly and we can send you timely payments.

Please don't hesitate to contact us if you have any queries now or in the future, we are here to help and look forward to working with you.

Kind Regards,

KHUSHALI SHAH Financial Accountant



THINKERBELL thinkerbell.com

Melbourne office: Level 3, 41-43 Stewart Street, Richmond 3121 Sydney office: Level 4, 261-265 Chalmers Street, Redfern 2016 New Zealand office: Suite 509, 48 Greys Ave, Auckland 1010 p: 03 8594 1790 | abn: 99 618 397 658







→ Even Deeper

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ACCOUNTS PAYABLE PHONE NUMBER /	Write here
REPORTS TO /	+03 XXXX XXXX
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EMAIL /	Write here
DO YOU SUPPLY PO NUMBERS ?	Write here
DO YOU BELIEVE IN LOVE?	Write here
DO YOU ACCEPT INVOICES BY EMAIL?	Write here
	Write here
ARE THERE ANY OTHER BILLING REQUIREMENTS WE CAN HELP WITH	
DO YOU ENJOY FILLING OUT FORMS ?	Write here
	XX days

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Client details

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→ 3 Ways our Brains beat uncertainty

Act

Think Big

Symbols

Act your way out of



I believe our brains can beat uncertainty





specialist, independent, investment continuing education, accreditation and certification

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